

OASIS AFRICA WELLNESS

We Are Your Work-Life Wellness Partner

About Us

Oasis Africa is a Center for Transformational Psychology and Trauma, a pan-African professional organization shaping the field of psychology in Kenya. We have over 31 years of experience in the field of behavioral and mental health with sterling impact across Africa. As training and consulting firm: we focus on serving the comprehensive needs of groups and individuals within companies, NGOs, churches, the government and the wider society by helping them balance work and personal life and bring healing to them.

Our Services



Face to Face Sessions



Group Sessions



Personal Coaching and Development



Assesment and Training

Our Commitment To Quality

We are committed to provide professional quality services through our group of specialized psychologists, fitness experts, nutritional trainers, personal development coaches, financial advisers.

Our Commitment To Confidentiality

Oasis Africa therapists are licensed and bound by Code of Professional Ethics, this guarantees absolute professionalism and utmost confidentiality of sessions conducted. Employers are NEVER employee issues unless in rare instances where discloser is required.

Contact Us

Oasis Africa Wellness

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