

Oasis Africa

Center for Transformational Psychology & Trauma

ORGANIZATIONAL PROFILE

Committed to Excellence in Behavioral and Psychological Mental Healthcare

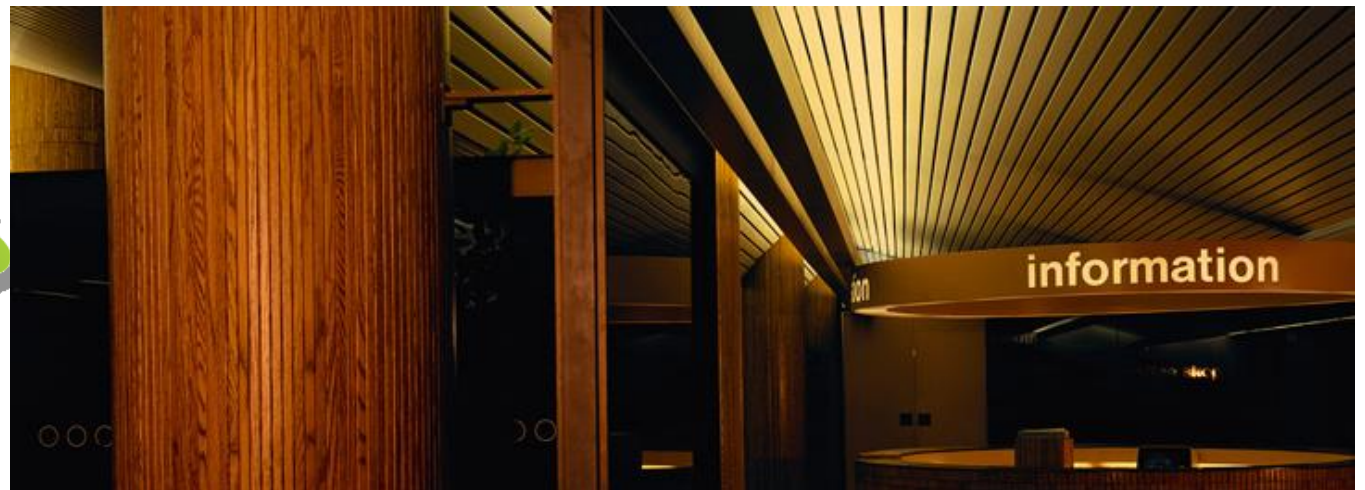
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Oasis Africa Center for Professional Psychology



@OasisAfricaKE





Give me a place to stand and I will move the world.

Archimedes

Strategic Intent

Oasis Africa is a professional indigenous psychological counseling and training organization that has been equipping professional and lay workers since 1990. Dr. Gladys Mwiti and Dr. Gershon Mwiti founded Oasis Africa with a purpose and commitment to bring healing to many hurting communities in our world, and to build leadership committed to integrity and accountability.

We live out our values in our daily operations through our desire to continue building healed communities and individual transformation.

We are guided by: -

- Integrity and Excellence
- Professional Ethics
- A Holistic Approach
- Evidence-based practice and
- Indigenous Cultural Riches

Who we are

With Dr. Gladys K. Mwiti as Team Leader and main Supervisor, Oasis Africa has a qualified and experienced team of over 20 full-time and part-time professional personnel: Counseling Psychologists, Clinical Psychologists, Marriage & Family Therapists, Medical Doctors and licensed Psychiatrists.

A full-time staff of **Six (6)** office personnel supports this team of psychotherapists and trainers.

Oasis Africa operates in a setup where Board Members, Staff and Clients enjoy mutual partnerships that enhance co-ownership of the organization and its achievements.

What we do

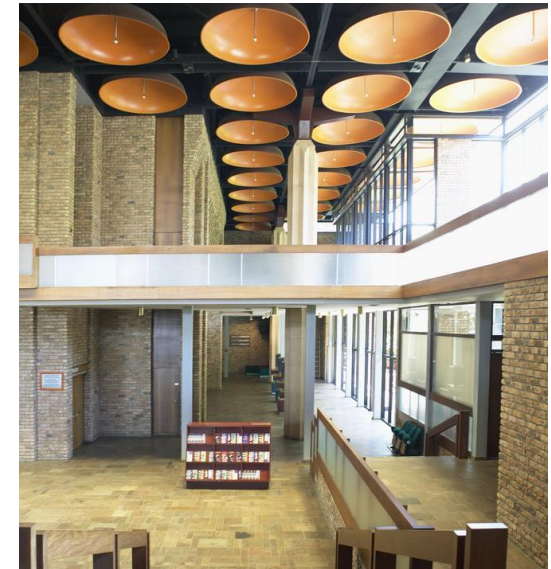
Our Vision

Our desire is to see individuals, families and communities enjoying holistic mental health.

Our Mission

We exist to empower the people of Africa to build and sustain mentally healthy communities.

We therefore offer the following services: -



Individual
Counseling and
Psychotherapy

Individual Counseling and Psychotherapy:

One-on-one sessions, marriage enrichment and psychotherapy.

Counseling Enrichment Programs:

Targets individuals and groups who have challenging issues related to pre-marriage, marriage, family, conflict resolution, HIV/AIDS, retirement, chemical dependency and relapse prevention.



Training and
Development
Programs*

Training of Trainers:

Programs for community and institutional based counselors.

Life-skills Programs:

Covers self-awareness, goal setting, stress management, career guidance, work and productivity and staff motivation.

Africa Regional Programs:

Work with individuals involved with Children at Risk, Youth, Marriage and Lay Counselors and Project Managers.



Institute of
Professional
Psychology**

Short Courses:

We offer Continuing Education for practicing psychologists.

Professional Programs:

The Institute offers Certificate and Diploma in Counseling Degree. Oasis Africa will soon be partnering with Kenya Methodist University to launch a MA and PhD program in Clinical Psychology at KEMU

Trauma Intervention:

Trauma counseling, training for trauma therapists, trauma research and professional writing.



Employee
Assistance
Programs

Psychosocial Support:

We offer counseling and psychosocial support to employees within their work environment.

Tailored programs include areas such as emotional intelligence and fitness, change management, self-development, stress management, retirement planning, retrenchment counseling, work-life balance, trauma counseling, crisis and conflict management and team building.



CSR Outreach:
Mashaka
Childrens Center

Mashaka Children's Center:

Mashaka is a nursery and lower-primary school catering to about 200 kids in Mashaka Slums in Meru. Read on for more information.

Mashaka Quilting Cottage:

Oasis Africa initiated this project to empower caregivers of Mashaka's children so these mothers and grandmas can earn an income for their families

Our Clients

Through our psychosocial health care system, we've had the chance to work with and consequently help members of various corporate, educational, governmental and non-profit organizations. We live our mission in our day-to-day activities, and these organizations have benefited.

Organizations- Local and International

- _United States Embassy
- _USAID
- _Kenya Society for the Blind
- _Trauma Counseling in Rwanda
- _Compassion International
- _National Council of Churches of Kenya
- _Keswick Convention, Malawi
- _World Association of Girl Guides
- _SNV Netherlands Development Organization
- _WWF – ESARPO
- _Across
- _Tear Fund, UK
- _International Bible Society
- _Food for the Hungry

Companies and Corporations

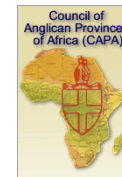
- _Institute of Personnel Management Kenya
- _President's Award Scheme (Starehe)
- _Kenya Power & Lighting Company
- _Ministry of Agriculture
- _Coca Cola Nairobi Bottlers
- _Bamburi Cement

Religious Groups

- _Council of Anglican Provinces in Africa
- _Mennonite Central Committee
- _Pan African Christian College
- _Nairobi Pentecostal Church, Valley Rd.
- _Lavington United Church
- _Deliverance Churches in Nairobi
- _Karen Community Church
- _City Revival Temple

Educational Institutions

- _Nairobi Technical Training Institute
- _Undugu Society of Kenya
- _Makini Schools
- _Njoro Boys High School
- _Karima Girls High School
- _Kiambu Technical Training Institute
- _Kirangari High School
- _Rudolf Academy
- _Ngirambu Girls' High School
- _50+ Nairobi Secondary Schools



Our Partners

To accomplish our mission, we have enjoyed partnerships from many donors, partners and supporters, some of which include: -

Various Friends of Oasis Africa

Tear Fund – UK

Graduate School of Psychology, Fuller Theological Seminar

World Council of Churches

The Ford Foundation

Academy for Education Development (AED)

Christ the King, USA

Safaricom Foundation

Scholar-Leader International, formerly CISF

John Stott Ministries

Children's Institute, Los Angeles

The Association of Evangelicals of Africa (AEA)

The All Africa Conference of Churches (AACC)

The National Council of Churches in Kenya (NCCK)

The Council of Anglican Provinces in Africa (CAPA)

Rural Development Counselors for Christian Churches in Africa (RURCON)

Africa Evangelistic Enterprise (AEE)

The Mennonite Central Committee (MCC)

The Anglican Church of Kenya (ACK)

The Methodist Church in Kenya (MCK)

Mavuno Church

The Rwanda Christian Trauma Counseling Programme Committee

The American Association of Christian Counselors

The Christian Counselors Association of Kenya

The American Psychological Association

The Kenya Psychological Association

The Kenya Counselors Association

The International Society for Traumatic Stress Studies

The Christian Association for Psychological Studies

The Association of Christian Counselors, UK

Geneva Global, Inc

VIVA Network, UK

CORAT Africa

The Kenya Red Cross

MAP International

Kenya AIDS NGO's Consortium (KANCO)

Ministry of Education Science & Technology, Kenya

Ministry of Foreign Affairs, Kenya

Norwegian Church Aid

Compassion International



Mashaka

Children's Center

Oasis Africa's
Corporate Social
Responsibility

Mashaka is a rural slum area within Meru region of Kenya about 400 km from Nairobi. Since October 2007, Oasis Africa has extended its wings of community outreach providing care and counsel to orphans and vulnerable children in this slum. The children in Mashaka grow up as child laborers, and the girls are exposed to prostitution and teenage pregnancy at an early age. Many of them face abandonment, poverty and HIV/AIDS. Some of the children in our project are orphans who were abandoned as newborn babies, and currently live in a Catholic shelter.

Oasis Africa started Mashaka Children's Center where children receive an

education, medical care, and food. The project at the moment cares for the needs of 200 children. There are six staff members serving the project: 11 Teachers, two Cooks and a Guard. Apart from learning, the children receive a nutritious hot meal everyday at lunchtime. This has boosted the health of the children and their concentration levels. Therefore, they are able to learn effectively.

In November 2007, Oasis Africa in partnership with the University of Nairobi Medical Students conducted a free medical camp at the Mashaka project. The objective of this camp was to offer quality Medicare for the community at Mashaka. Many of these Mashaka residents rarely have access to quality Medicare since it's

very expensive. In this event, the over 30 medics were able to treat and administer medicine to the children, their caregivers, as well over 800 residents in this slum.

Currently

This year, we have Class 8 students sitting the final exam. Many will not go on to High Schools so the need to learn a trade.

Mashaka Children's Center Wish List

- Running costs: staff salaries, food, rent, books, etc – about Sh. per month
- Need to purchase property to construct the school and vocational training center

Send Gifts to our Project at
Standard Chartered Bank,
Westlands Branch Account
No: 0102075834001

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For any questions or comments you may have, email us at admin@oasisafrica.co.ke

